



8800 McLeod Road, Niagara Falls

Niagara

Summer 2021
July 21-September 3

Monday	Tuesday	Wednesday	Thursday	Friday
Lane Swim 7:00-7:45	Lane Swim 7:00-7:45	Lane Swim 7:00-7:45	Lane Swim 7:00-7:45	Lane Swim 7:00-7:45
Cleaning	Cleaning	Cleaning	Cleaning	Cleaning
Aquafit 8:15-9:00	Aquafit 8:15-9:00	Aquafit 8:15-9:00	Aquafit 8:15-9:00	Aquafit 8:15-9:00
Cleaning	Cleaning	Cleaning	Cleaning	Cleaning
Lane Swim 9:30-10:15	Lane Swim 9:30-10:15	Lane Swim 9:30-10:15	Lane Swim 9:30-10:15	Lane Swim 9:30-10:15
Cleaning	Cleaning	Cleaning	Cleaning	Cleaning
Aquafit 10:45-11:30	Aquafit 10:45-11:30	Aquafit 10:45-11:30	Aquafit 10:45-11:30	Aquafit 10:45-11:30
Cleaning	Cleaning	Cleaning	Cleaning	Cleaning
Open Swim 12:00-1:00	Open Swim 12:00-1:00	Open Swim 12:00-1:00	Open Swim 12:00-1:00	Lane Swim 12:00-12:45
Cleaning	Cleaning	Cleaning	Cleaning	Cleaning
Camp Swim 1:30-3:00	Camp Swim 1:30-3:00	Camp Swim 1:30-3:00	Camp Swim 1:30-3:00	Open Swim 1:30-3:00

All participants are required to reserve a spot in a program. Please call (905) 357-2444 ext. 1 to reserve a spot.



Opportunity Changes
Everything

