

PROGRAM REGISTRATION WINTER 2022

REGISTRATION OPENS DECEMBER 1st AT 9:00am

Please call or visit the Club to register.

Niagara Falls Centre 8800 McLeod Road, Niagara Falls 905-357-2444 ext. 1

EJ Freeland Community Centre 1555 Garrison Road, Fort Erie 905-871-2592 ext. 222

REGISTRATIONS WILL CONTINUE TO BE TAKEN DURING
REGULAR BUSINESS HOURS. MEMBERSHIPS MUST BE VALID THE ENTIRE DURATION OF THE PROGRAM.

*There will be NO classes on Monday February 21, or March 14-18, 2022.

For program descriptions and schedules, visit our website at www.BGCN.ca or call 905-871-2592 ext. 222



Winter 2022 Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Lane Swim				
7:15am-8:00am	7:15am-8:00am	7:15am-8:00am	7:15am-8:00am	7:15am-8:00am
Aquafit	Aquafit	Aquafit	Aquafit	Aquafit
8:15am-9:00am	8:15am-9:00am	8:15am-9:00am	8:15am-9:00am	8:15am-9:00am
Aquafit	Aquafit	Aguafit	Aguafit	Aquafit
9:15am-10:00am	9:15am-10:00am	9:15am-10:00am	9:15am-10:00am	9:15am-10:00am
Lane Swim				
10:45am-11:30am	10:45am-11:30am	10:45am-11:30am	10:45am-11:30am	10:45am-11:30am
Aquafit	Aquafit	Aquafit	Aquafit	Aquafit
11:45am-12:30pm	11:45am-12:30pm	11:45am-12:30pm	11:45am-12:30pm	11:45am-12:30pm
Open Swim				
12:45pm-1:45pm	6:00pm-7:00pm	12:45pm-1:45pm	12:45pm-1:45pm	6:00pm-7:00pm

Day Pass \$4.00/day

Day pass for Aquafit, Lane Swim, Pickleball, Track or Fitness Centre admission

Try It Pass \$44.00/12 visits

Try Aquafit, Lane Swim, Pickleball, Track and the Fitness Centre for 12 visits

3-month Pass \$120.00/3 months

A 3 month pass for Aquafit, Lane Swim, Pickleball, Track and the Fitness Centre. Available at the start of a month for 3 months

All-Ages Recreation Open Swim \$4.00/person OR \$6.00/family

Enjoy an unstructured, fun swim time with family and friends!

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Winter 2022 Aquatics Schedule

Programs	Ages	Cost	Monday	Tuesday	Wednesday	Thursday	Friday
Parent and Tot	4 months to 3	ć=2.00	4:00pm-4:30pm		4:00pm-4:30pm		
Parent and 10t	years	\$52.00	5:30pm-6:00pm		6:30pm-7:00pm		
Preschool A	3-5 years	\$52.00	5:00pm-5:30pm		5:00pm-5:30pm		
Preschool B/C	3-5 years	\$52.00			5:30pm-6:00pm		
Preschool D/E	3-5 years	\$52.00	6:30pm-7:00pm				
6	C 12	ć=c 00	4:00pm-4:45pm				
Swimmer 1/2	6-12 years	\$56.00	7:00pm-7:45pm		4:30pm-5:15pm		
		4			4:00pm-4:45pm		
Swimmer 3/4	6-12 years	\$56.00	4:30pm-5:15pm		7:00pm-7:45pm		
Swimmer 5/6	6-12 years	\$56.00	5:30pm-6:15pm		5:30pm-6:15pm		
			10:15am-10:45am	10:15am-10:45am	10:15am-10:45am	10:15am-10:45am	10:15am-10:45am
						4:00pm-4:30pm	5:15pm-5:45pm
1-on-1 Lessons(Private)		\$154.00				4:30pm-5:00pm	
						5:00pm-5:30pm	
2-on-1 Lessons (Semi- private) (must provide	3+ years	\$77.00				5:30pm-6:00pm	
both participants)						6:15pm-6:45pm	
						6:45pm-7:15pm	
						7:15pm-7:45pm	
	6-8 years						
Jr. Swim Team Sr. Swim	9-12 years	\$125.00	7:00pm-8:00pm		7:00pm-8:00pm		
Team Teen Swim Team	13+ years						

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 10 to	January 11 to	January 12 to March 23,	January 13 to March 24,	January 14 to March 25,
March 28, 2022	March 22, 2022	2022	2022	2022

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Winter 2022 Sports and Recreation Schedule

Programs	Ages	Cost	Monday	Tuesday	Wednesday	Thursday	Friday
Mini Movers	18 months to 3 years	\$46.00			5:00pm-5:30pm		
Little Movers	3-5 years	\$46.00			5:30pm-6:00pm		
Jitterbugs	18 months to 3 years	\$46.00		4:00pm-4:30pm			
J. Dance	3-5 years	\$46.00		4:30pm-5:00pm 5:00pm-5:30pm			
Sr. Dance	6-8 years	\$63.00		5:30pm-6:15pm			
Hip Hop	8-12 years	\$63.00		6:30pm-7:15pm			
Be Creative	6-8 years	\$63.00	5:30pm-6:15pm				
Make a Little Mess	3-5 years	\$46.00	4:30pm-5:00pm				
Make a Little Noise	3-5 years	\$46.00	5:00pm-5:30pm				
Soccer	7-10 years	\$63.00		7:00pm-7:45pm			
FUSE Lacrosse**	5-10 years	\$60.00		5:00pm-6:00pm			
Try-Sport	3-5 years	\$46.00			6:00pm-6:30pm		
Basketball	7-10 years	\$63.00		6:15pm-7:00pm			
Kitchen Creations	7-12 years	\$63.00		7:00pm-8:00pm		7:00pm-8:00pm	
Tiny Tumblers	18 months to 3 years	\$46.00				6:15pm-6:45pm	
Jr Gymnastics	3-5 years	\$46.00				6:45pm-7:15pm	
Gymnastics	6-12 years	\$63.00				8:00pm-8:45pm	
Ninja	6-9 years	\$75.00				7:15pm-8:00pm	
Cheerleading	6-9 years	\$75.00		7:30pm-8:15pm			
UFMA Martial Arts	7-10 years	\$63.00				6:00pm-6:45pm	

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March 28, 2022	March 22, 2022	2022	2022	2022

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**FUSE Lacrosse will run January 18th to March 8th, 2022

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EJ FREELAND COMMUNITY



Winter 2022 Lifeguard Academy & Aquatic Leadership Schedule

Program	Pre-Requisite	Cost	Days	Times	Dates
Canadian Swim Patrol– Rookie/Ranger/Star	Swimmer 6 Recommended	\$63.00	Monday	6:00pm-7:00pm	January 10-March 28, 2022
Bronze Star	Swim Patrol Recommended	\$70.00	Wednesday	6:00pm-7:00pm	January 12-March 23, 2022
Bronze Medallion & Emergency First Aid	13+ years or Bronze Star	\$215.00 includes materials	Monday-Friday	11:00pm-5:00pm	March 14-18, 2022
Bronze Cross	Bronze Medallion & Emergency First Aid	\$160.00	Monday-Friday	11:00am-5:00pm	March 14-18, 2022
National Lifeguard	15+ years, Bronze Cross & Standard First Aid	\$281.00 includes materials	Monday-Friday	9:00am-5:00pm	March 14-18, 2022

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