



# Spring Pool Schedule



April 10-June 30 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Lane Swim 7:15am-8:00am	Lane Swim 7:15am-8:00am	Lane Swim 7:15am-8:00am	Lane Swim 7:15am-8:00am	Lane Swim 7:15am-8:00am
Aquafit 8:15am-9:00am	Aquafit 8:15am-9:00am	Aquafit 8:15am-9:00am	Aquafit 8:15am-9:00am	Aquafit 8:15am-9:00am
Aquafit Gentle 9:15am-10:00am	Aquafit Gentle 9:15am-10:00am	Aquafit Gentle 9:15am-10:00am	Aquafit Gentle 9:15am-10:00am	Aquafit Gentle 9:15am-10:00am
Lane Swim 11:00am-12:00pm	<b>Swim to Survive 11:00am-1:00pm</b>	Lane Swim 11:00am-12:00pm	<b>Swim to Survive 11:00am-1:00pm</b>	Lane Swim 11:00am-12:00pm
Aquafit Pro 12:15pm-1:00pm		Aquafit Pro 12:15pm-1:00pm		Aquafit Pro 12:15pm-1:00pm
Open Swim 1:15pm-3:00pm	Lane Swim 1:15pm-2:15pm	Open Swim 1:15pm-3:00pm	Lane Swim 1:15pm-2:15pm	Open Swim 1:15pm-3:00pm
Swim Lessons 4:00 pm-8:00 pm	Swim Lessons 4:00 pm-6:30 pm	Swim Lessons 4:00 pm-8:00 pm	Lane Swim 4:45 pm-5:45 pm	Swim Lessons 4:00 pm-7:00 pm
	Open Swim 7:00 pm-8:00 pm		Open Swim 7:00 pm-8:00 pm	