

Spring 2026 Community Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aquafit 8:30am-9:15am	Aquafit 8:30am-9:15am	Aquafit 8:30am-9:15am	Aquafit 8:30am-9:15am	Aquafit 8:30am-9:15am	Swimming Lessons 8:45am-10:30am
Lane Swim 9:20am-10:05am	Lane Swim 9:20am-10:05am	Lane Swim 9:20am-10:05am	Lane Swim 9:20am-10:05am	Lane Swim 9:20am-10:05am	
Aquafit 10:10am-10:55am	Aquafit 10:10am-10:55am	Aquafit 10:10am-10:55am	Aquafit 10:10am-10:55am	Aquafit 10:10am-10:55am	Open Swim 10:30am-12:00pm
Open Swim 12:00pm-1:00pm	Open Swim 12:00pm-1:00pm	Open Swim 12:00pm-1:00pm	Open Swim 12:00pm-1:00pm	Open Swim 12:00pm-1:00pm	Swimming Lessons 12:00pm-2:30pm
Aquafit 1:15pm-2:00pm	Aquafit 1:15pm-2:00pm	Aquafit 1:15pm-2:00pm	Aquafit 1:15pm-2:00pm	Aquafit 1:15pm-2:00pm	Open Swim 2:30pm-4:00pm
			Open Swim 7:00pm-8:00pm		

Begins Monday April 13, 2026

Pickleball
Monday-Friday 11:30am-1:30pm

Aquafit \$6.00/class

An intense water workout! This class will allow you to push and pull your body to your limits, build your muscles and increase your cardiac endurance.

Adult Lane Swim \$6.00/visit

Participants may pay daily or purchase a pass. Enjoy a relaxing swim or work on strokes and endurance.

Pickleball \$6.00/visit

A sport created for all ages and skill levels. Played with paddles and a plastic ball this sport is easy to learn, fast paced and fun for everyone.

All-Ages Recreation Open Swim \$6.00/person OR \$8.00/family

Enjoy an unstructured, fun swim with family and friends!

**Adult Private swim lessons available in the Spring session.
Please contact aquatics@bgcn.ca if interested.**