

## TEEN ZONE

### Tuesday

### Thursday

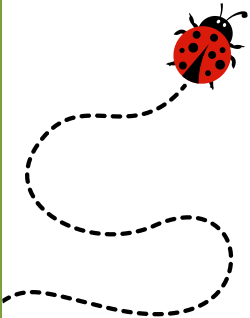
### Program Structure

Led by qualified staff; open to teens aged 13-18.

6:00-7:00 PM: Dinner and social time  
 7:00-8:00 PM: Planned activities  
 8:00-8:30 PM: Free time and pick up

### How to Join

- Must have a current BGC Niagara membership (\$20/year).
- 2025/26 Zones registration forms must be completed for each child attending the program.
- Daily reservations are required and open at 12:00 AM on Tuesdays and Thursdays.

**May 5th**  
**Summer Planning!**  
 Job Search + Bucket List making  
**Lasagna Soup**

**May 7th**  
**Gym Night!**  
 Open Gym & Swim  
**Chicken + Broccoli Alfredo**

**May 12th**  
**A Sweet Social Night**  
 Baking!  
**Chicken + Gnocchi Soup**

**May 14th**  
**Gym Night!**  
 Open Gym & Swim!  
**Sweet + Sour Meatballs With Rice**

**May 19th**  
**Ctrl + Fun**  
 Website Designing  
**Butter Chicken + Rice**

**May 21st**  
**Gym Night!**  
 Open Gym & Swim!  
**Make Your Own Pizza**

**May 26th**  
**Social Night**  
 Team Challenges  
**Taco Bowls**

**May 28th**  
**Gym Night!**  
 Open Gym & Swim!  
**Meatball Subs**



1555 Garrison Road  
 905-871-2592 ext:229  
[fezones@bgcn.ca](mailto:fezones@bgcn.ca)

